

Climbing / Camping Checklist

Climbing Gear:

- o Climbing Shoes
- o Climbing Harness
- o Chalk Bag
- o Approach Shoes
- o Helmet
- o 4 locking carabiners
- o ATC
- o Prusik Cord
- o Cordalette (if you have it)
- o Slings (webbing)
- o PAS
- o Whistle
- o Rope, Static lines, rope bag
- o Backpack
- o Walkie talkies

Clothing:

- o Shirt
- o Shorts / Pants
- o Socks
- o Rain jacket
- o Underwear
- o Bathing Suit
- o PJs (top and bottom)
- o Bandana
- o Flip flops and/or camp shoes
- o Sunglasses
- o Hat
- o Sweatshirt
- o Wallet, credit cards, insurance cards
money

Overnight Camping:

- o Tent
- o Ground cloth
- o Hammer for tent spikes
- o Headlamp and / or camp lantern
- o Sleeping Bag
- o Pillow
- o Inflatable mattress or sleeping pad
- o Mat or towel to put boots on inside tent
- o Cooler / Ice
- o Food, Drinks, Snacks
- o Ziploc Bags
- o Paper Towels
- o Bag for trash
- o Camp cook kit or cups, plates, fork, knife,
spoon (dish soap if you aren't using
disposables)
- o Water bottles
- o Cutting knife, cutting board – you need
something to make your PB&J on
- o Folding Chair / camp stool
- o Hairbrush
- o Blowdryer (optional)
- o Toiletries (deodorant, shampoo, etc.)
- o Bath towel, face cloth
- o Toilet paper / tissues for bushwack
bathroom breaks (Wag bag)
- o Freshette/FUD (Female Urinary
Device)
- o First aid kit (aspirin, bandaids, etc.)
- o Bug repellent
- o Sun block

*Always check weather and modify clothing / equipment needs accordingly